

One Step to Freedom  
Chapter 3: Trials and Temptations

Lesson 6  
Perseverance and Prayer

*“You also be patient. Establish your hearts, for the coming of the Lord is at hand”  
(James 5:8).*

Read James 5:1-6.

These verses advise us of the actions and the end result of the rich oppressors in this life. They will weep and howl in eternity (Luke 6:24-26). Let us examine ourselves to be sure we do not partake in the same sins.

Read James 5:7-12.

1. We should not be bitter against those who offend us. What does James tell us?

---

2. Until when?

---

3. What is an example of patience?

---

4. What should we establish in anticipation of Christ’s return?

---

5. What are we asked not to do—and why?

---

6. Who are examples of patience and suffering?

---

7. What does the perseverance of Job teach us?

---

8. Why do you think there is such a strong emphasis on verse 12? See Exodus 20:7.

---

One Step to Freedom  
Chapter 3: Trials and Temptations

Read James 5:13-18.

9. If you are suffering, what should you do?

---

10. What should you do if you are cheerful?

---

11. What should you do if you are sick?

---

Note: Verse 16 teaches us that sickness can be a result of sin (e.g., guilt-related users, alcohol-related diseases, sexual diseases, etc.). The book of Job also teaches us that sickness is not always related to sin (Job 2:3-7).

12. What are we to do for one another?

---

13. Who has a nature just like ours and prayed earnestly—and his prayer was answered?

---

Read James 5:19-20.

14. What do these verses encourage us to do with someone who has made a mistake?

---

In review, James gives many practical guidelines for a faithful Christian walk. The bottom line is that our faith should affect every aspect of our lives; from our words to our actions, our faith needs to be sincere and committed.