

ONE STEP TO FREEDOM
CHAPTER 1: Planning For Victory

Lesson 1
A PLAN FOR VICTORY

*“But thanks be to God, who gives us the victory through our Lord Jesus Christ”
(1 Corinthians 15:57).*

The One Step To Freedom Bible study will help a Christian to permanently overcome sin by learning principles from God’s Word that leads to restoration and wholeness. Read the information below along with the Scriptures.

First, repent of your sin. Begin today by making a daily commitment in seeking God’s will for your life and trusting Him (Matthew 6:33, Psalm 18:30).

1. Look at your lifestyle. Make a list of specific ways you might be failing God and others. Pray first, and ask the Lord to help you pinpoint problems and issues. God will empower you to do so (Psalms 26:2, 139:23-24).
2. Work closely with one of the counselors at this Bible study. They are here to help and encourage you on difficult days, especially when you feel tempted to sin. Call, text or e-mail frequently for prayer (Proverbs 11:14, 15:22).
3. Avoid associating with companions who may tempt you to sin. The Word of God (the Bible) clearly warns, “Do not be deceived, bad company corrupts good habits” (1 Corinthians 15:33, Ephesians 5:6-7).
4. Develop friendships that will encourage you to grow in your faith. Your whole life may need to be restructured, but God’s desire is that you be built up in the knowledge of Him; and this includes good fellowship with other believers (2 Timothy 2:22, 3 John 1:11).
5. Grow in the Lord. This includes a meaningful commitment to daily Bible study, prayer, and consistent church attendance. This is how you become strong in the Lord. If you lack desire in these areas, ask the Lord to change your heart (Psalms 1:2-3, 51:10, Hebrews 10:24-25).
6. Submit to God’s will for your life. As you do, He will pour out His Holy Spirit into your heart and empower you to overcome the temptation to sin. It is in this kind of commitment that God is glorified in our lives, and we begin to truly understand His incredible, perfect love for us and His purpose for creating us (John 15:5, Romans 12:1, Galatians 5:16).

Begin to apply these guidelines today. By the grace of God, you can be honest before the Lord and learn principles from His Word, which will transform your thinking and help you see life from His perspective. It will not be easy, but as you truly trust in Jesus, you will have victory.