Lesson 5
GOD IS FAITHFUL TO DELIVER

“And the LORD said: ‘I have surely seen the oppression of My people who are in Egypt, and have heard their cry because of their taskmasters, for I know their sorrows. So I have come down to deliver them out of the hand of the Egyptians, and to bring them up from that land to a good and large land, to a land flowing with milk and honey’” (Exodus 3:7-8).

Sometimes my circumstances are too stressful for me, yet knowing that God sees what I am suffering is a great relief. Just as God saw the oppression of His people in Egypt, heard their cry and knew their sorrows, He sees, hears, and knows our struggles too.

1. Write the first portion of Exodus 3:7.

2. Write the final portion of Exodus 3:7.

3. Write James 2:15-16.

4. Write the first portion of Exodus 3:8.

5. Write Romans 10:13.
David wrote Psalm 18 when the Lord delivered him from the hand of all his enemies. David was a praying man, and God is a prayer-hearing God. If we pray as David did, we too shall see God’s faithfulness to deliver us.


7. Write Psalm 18:3.

God’s protection for us is unlimited and can take many forms. David characterized God’s care with five military symbols. God is like (1) a rock that can’t be moved by any who would harm us, (2) a fortress or place of safety where the enemy can’t follow, (3) a buckler, or shield, that comes between us and harm, (4) a horn of salvation, a symbol of might that can save us, (5) a tower high above our enemies. If you need help, look to God.


Not only is God faithful to deliver us, He is faithful to redeem us from our past sinful lifestyle and to purify us as His own special people for good works.

Christ’s freeing us from sin opens the way for him to “purify” us. He freed us from sin (redeemed us) by dying on the cross for our sins. We are not only free from the sentence of death for our sin, but we are also purified from sin’s influence as we grow in Christ.

9. Why is setting our hopes on man a common cause of past failures?

10. What should our attitude be toward self-pity, excuses and rationalizations?

God is watching you because He loves you so much He can’t take His eyes off of you. He sees the things that you’re going through. He sees the things that bring pain to your life. He sees the hurts that you’re experiencing. No matter how your heart feels or what your doubts tell you, God hears every prayer.

God has come to deliver you. God sent His Son to deliver you from the power of evil, to give birth to a new and wonderful life within you. To a land flowing with milk and honey. A life of joy, blessing, and freedom awaits you if you are willing to accept God’s deliverance.

“Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.” Hebrews 4:16