

ONE STEP
CHAPTER 2: Initial Restoration

Lesson 1
A PLAN FOR VICTORY

*“But thanks be to God, who gives us the victory through our Lord Jesus Christ”
(1 Corinthians 15:57).*

The One Step Bible study will help a believer in Jesus Christ to overcome sin by learning principles from God’s Word that leads to restoration and wholeness. Read the information below and write out the Scriptures.

1. First, repent of your sin. Begin today by making a daily commitment in seeking God’s will for your life and trusting Him.

Matthew 6:33:

Psalm 18:30:

2. Examine your lifestyle. Pray and ask God to pinpoint your problems and issues. God will empower you to overcome.

Psalm 26:2:

Psalm 139:23-24:

3. Work closely with one of the counselors at this Bible study. They are here to help and encourage you on difficult days, especially when you feel tempted to sin. Call, text or e-mail frequently for prayer.

Proverbs 11:14:

Write Proverbs 15:22:

4. Stop associating with friends who may tempt you into sin. The Bible clearly warns, “Don’t be foolish! Bad friends will corrupts your good habits.”

1 Corinthians 15:33:

Ephesians 5:6-7:

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5. Develop friendships that will encourage you to grow in your faith. Your whole life may need to be restructured, but God's desire is that you be built up in the knowledge of Him; and this includes good fellowship with other believers.

2 Timothy 2:22:

3 John 1:11:

6. Grow in the Lord. This includes a meaningful commitment to daily Bible study, prayer, and consistent church attendance. This is how you become strong in the Lord.

Psalms 1:2-3:

Psalms 51:10:

Hebrews 10:24-25:

7. Submit to God's will for your life. As you do, He will pour out His Holy Spirit into your heart and empower you to overcome the temptation to sin. It is in this kind of commitment that God is glorified in our lives, and we begin to truly understand His incredible, perfect love for us and His purpose for creating us.

John 15:5: (Jesus said) "I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing."

Romans 12:1:

Galatians 5:16:

Begin to apply these guidelines today. By the grace of God, you can be honest before the Lord and learn principles from His Word, which will transform your thinking and help you see life from His perspective. If you lack desire in any one of these seven areas, ask the Lord to change your heart. It will not be easy, but as you truly trust in Jesus, you will have victory.