Lesson 2
THE CYCLE OF TEMPTATION

James 1:13-15 says, “Let no one say when he is tempted, “I am tempted by God”; for God cannot be tempted by evil, nor does He Himself tempt anyone. But each one is tempted when he is drawn away by his own desires and enticed. Then, when desire has conceived, it gives birth to sin; and sin, when it is full-grown, brings forth death.”

Just as the sun rises and sets every day, winter, spring, summer, and fall pass each year; likewise, temptation and sin follow cycles as well. Let’s look at the very first temptation to discover who tempts us, how we are tempted, and why.

(1) I AM DRAWN AWAY
When we are not mindful of the things of God, we can be drawn away to a place where Satan can entice us with his lies. 1. Looking at Genesis 3:1, how did Satan draw Eve away from God?

The word serpent here translates as “the shining one.” 2 Corinthians 11:14 tells us that Satan transforms himself as an angel of light to deceive. The serpent (Satan) drew Eve away and enticed her with the words, “Has God indeed said...” causing her to doubt God’s truth and perfect plan—paradise! Satan’s objective is to draw us away and to entice us, causing us to doubt God’s Word. Questioning God’s Word results in forfeiting God’s good plan.

(2) I AM ENTICED
Genesis 3:6 tells us, “The woman was convinced. She saw that the tree was beautiful, and its fruit looked delicious, and she wanted the wisdom it would give her.” The word convinced here means “enticed.”

Like Eve, we are all enticed in three ways: (1) the lust of the flesh, appealing to our human nature (Satan enticed her that it was good), (2) the lust of the eyes (she saw that the tree was beautiful), and (3) the pride of life (she wanted the wisdom it would give her).

2. What does 1 John 2:16 any about this enticement?

(3) I ENTERTAIN THOUGHTS
In 2 Samuel 11, we read that King David should have gone to battle—but he didn’t. This put him in the wrong place at the wrong time, and he saw Bathsheba bathing on her rooftop. He should have looked away, but he entertained thoughts about her. Confession and repentance can take place here. We can stop thinking sinful thoughts before it leads to the act of sin.
3. According to 2 Corinthians 10:5b, what is a good way to capture our thoughts?

(4) When I continue to entertain sinful thoughts, just like King David, it will lead to sin. At this point, I need to make a U-turn. A good detour is to walk in the direction of God by reading the Bible, listening to a Christian radio station, or by joining in fellowship at church.


(5) MY CONSCIENCE WARNS ME
God's law is written on the conscience of every person—even Atheists. Though sin has marred the image of God, that sense of right and wrong remains in everybody. If you are a Christian, the Holy Spirit will bring conviction when you begin to stray. The wise thing to do is to pay attention and obey God's leading.


(6) I IGNORE MY CONSCIENCE
Even though I know right from wrong, I ignore God's truth to pursue my desires. Like Eve, I believe the lie (“Go ahead, I deserve it”). This is self-deception: in my mind, I justify what I am doing. The more I push aside my convictions of right and wrong, I become desensitized to hearing God's Holy Spirit.

6. Write God’s reminder found in Hebrews 3:15.

(7) I COMMIT THE ACT OF SIN.
James 1:14-15 plainly says, “When you are being tempted, do not say, “God is tempting me.” God never tempts anyone else. Temptation comes from your own desires, which entice you and drag you away.”

7. What is the promise found in 1 Corinthians 10:13?

8. What is the command in 1 Corinthians 10:14?

When we are tempted, God has made a way of escape for each one of us, and tells us the first step: Flee! When you feel a temptation coming on—run from it! Run to Jesus.