

## Lesson 5

### GOD IS FAITHFUL TO DELIVER ME

And the LORD said: 'I have surely seen the oppression of My people who are in Egypt, and have heard their cry because of their taskmasters, for I know their sorrows.

So I have come down to deliver them out of the hand of the Egyptians, and to bring them up from that land to a good and large land, to a land flowing with milk and honey (Exodus 3:7-8).

Sometimes my circumstances are too stressful for me, yet knowing that God sees what I am suffering is a great relief. Just as God saw the oppression of His people in Egypt, heard their cry, and knew their sorrows, He sees, hears, and knows our struggles too.

1. Write the first portion of Exodus 3:7.

In the book of Exodus, Egypt is used as a symbol of spiritual bondage when the Pharaoh held God's people captive. Egypt represented slavery and bondage for the Hebrews. Likewise, addictions keep people in bondage too. People become enslaved and are held captive by their power. God sees the oppression. The Lord is watching.

2. Write the final portion of Exodus 3:7.

God hears the cries of His people. When we come to God, in the name of Jesus, and cry out for His help, God knows our sorrow and pain.

3. Write James 2:15-16.

A lot of times, our friends will say, "Oh, I see. Oh boy, I hear you. Oh, I know this must be heavy. God bless you, my friend. I hope you come out okay." What good is that in our time of trouble? But God takes it a step further. It's better to take our problems to God in prayer than to talk to our friends about our problems.

4. Write the first portion of Exodus 3:8.

If God went no further than mere words of reassurance, then what does it profit? But God said, "I have seen...I have heard ... and I know."

Nobody really sees or knows—nobody really cares. But God does, and He takes it one step further, for verse 8 says, "I have come down to deliver them." We need more than just sympathetic understanding from friends. We need someone who can step in and help us. Remember, God is faithful. He hears and delivers all who call upon Him.

5. Write Romans 10:13.

David wrote Psalm 18 when the Lord delivered him from the hand of all his enemies. David was a praying man, and God is a prayer-hearing God. If we pray as David did, we too shall see God's faithfulness to deliver us.

6. Write Psalm 18:1-2.

7. Write Psalm 18:3.

God's protection for us is unlimited and can take many forms. David characterized God's care with five military symbols. God is like (1) a rock that can't be moved by any who would harm us, (2) a fortress or place of safety where the enemy can't follow, (3) a buckler, or shield, that comes between us and harm, (4) a horn of salvation, a symbol of might that can save us, (5) a tower high above our enemies. If you need help, look to God.

8. Write Titus 2:14.

Not only is God faithful to deliver us, but He is also faithful to redeem us from our past sinful lifestyle and to purify us as His own special people for good works.

Since Christ freed us from sin, it opens the way for Him to "purify" us. He freed us from sin (redeemed us) by dying on the cross for our sins. We are not only free from the sentence of death for our sin, but we are also purified from sin's influence as we grow in Christ.

9. Why is setting our hopes on man a common cause of past failures?

10. What should our attitude be toward self-pity, excuses, and rationalizations?

God is watching you because He loves you so much He can't take His eyes off of you. He sees the things that you're going through. He sees the things that bring pain to your life. He sees the hurts that you're experiencing. No matter how your heart feels or what your doubts tell you, God hears every prayer.

God has come to deliver you. God sent His Son to deliver you from the power of evil, to give birth to a new and beautiful life within you. To a land flowing with milk and honey. A life of joy, blessing, and freedom awaits you if you are willing to accept God's deliverance.

11. Write Hebrews 4:16.